



**"Dynamic Space of Elements: paint your nature, increase your benefits"  
Astrology and art workshop with Migmar Tsering  
Wednesday, September 2<sup>nd</sup> – Sunday, September 6<sup>th</sup>, 2020  
Shang Shung Institute Austria in Yeselling**

With greatest pleasure we invite you to the astrology and art workshop with Migmar Tsering in September 2020. It will be the first time, that such a workshop will be organized and held in a German speaking country.

This workshop is based on the astrology of *Jung-we-Kyil-khor*, the mandala of the elements. The purpose of this mandala is to harmonize the elements of our life, capacity, fortune, and protection. As the essential base of the elements is symbolized by colors, our elements can be modified and harmonized through colors, mantras and through practice, and therefore the external elements can be favorably influenced, too.

Migmar points out:

*Drawing the five elements in their symbolic aspect is a method that mainly serves to harmonize the elements that are not in harmony at the time of one's birth, and to relax the mind while producing an object of great ornamental value.*

*Why is it necessary to harmonize the elements related to one's birth? Because everything, internal and external, is made up of the five elements. Internal refers to every sentient being, the external refers to everything that appears. When these elements are in harmony everything goes ahead in the best possible way, but when they are in conflict, life is shortened and the capacity, health and fortune are diminished. But harmony can be restored and rediscovered.*

The drawings of the five elements have been used since ancient times, but they are not widespread because they make use of both astrological and artistic knowledge. Making drawings personally under the guidance of a qualified instructor also helps to calm the



mind, and the drawings are just beautiful! We can really enjoy looking at them and we can use them to decorate our homes with extremely unique and auspicious images. According to the principle of interdependence, seeing and being in contact with images created in this way, for example by placing them in an area of the house where we often see them, will harmonize the elements.

The course will be taught in English, if necessary with German translation.

The maximum number of participants is limited to 20 people.

During this workshop we will:

- calculate the elements related to our birth date and in that way understand our weaknesses and conflicts,
- do basic drawing of the elements' shapes and how to develop a mandala of the elements,
- design a complete mandala of the elements.

### Planned timetable

We start every day at 10.00am.

From 10.00am – 12.30pm we learn about the theory of Tibetan Astrology, from 4.00pm – 6.30pm we do the drawings.



### Migmar Tsering

Migmar was born and grew up in Lhasa. Since 1987 he has been studying with the Master Chönyi Rinpoche in his monastery for more than six years, where he learned traditional Tibetan art, astrology and *sa-che* (Tibetan geomancy). Migmar has participated in decoration of the main Tibetan temples such as *Samye* and *Jokhang*. Following an invitation of Chögyal Namkhai Norbu he moved to Italy 20 years ago, and since that time he has continued developing the various aspects of traditional Tibetan art and related sciences.

### Course fee

€ 200.-, early bird registration until August 14<sup>th</sup>, 2020: €170.-

The registration for the course is valid when the bank transfer of the course fee has arrived at the SSI Austria. Registration deadline will be August 24<sup>th</sup> 2020.

Your registration is fixed when you have sent your course fee to:

Please send your donation to:

Shang Shung Institute Austria, AT19 3815 1000 0003 0387, BIC: RZSTAT2G151

### Location

The Shang Shung Institute Austria is located in East-Styria, 45 km east of Graz and about 160 km south of Vienna. On our website you find a description how to arrive and the list of guesthouses or hotels or apartments nearby the Institute

### Information and registration

Please contact Oliver Leick: [office@ssi-austria.at](mailto:office@ssi-austria.at)

See you soon!

Oliver Leick

Director of the Shang Shung Institute Austria

